



Equip Yourself to be
a Business Champion



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In today's fast-paced, challenging business world, executives need to sustain high performance.

Marcolli's passion for understanding and achieving optimal performance has evolved into P⁶PROP[®], a holistic leadership performance model.

The all-important question is: Does the program work? There are numerous participants willing to testify that it does, but as with many executive development programs, it can be difficult to provide statistical proof. But in this respect, Marcolli has achieved more than most, recently publishing comprehensive data on participant outcomes.

The methodology is scientifically rigorous.



[Developing Leaders Magazine](#)

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What is a Business Champion?

The successful cooperation with a large number of executives, business leaders and world-class-athletes lead to a powerful concept enabling maximum engagement, efficiency, and productivity of performance in a fast-changing competitive environment: Personal Leadership Excellence. It is a robust and well-tested concept turning corporate performers into Business Champions.

Business Champions stand out due to their passion about what they do and the drive to consistently improve their performing-skills reaching higher and more effective levels. They know how to forge and foster a solidly supportive environment allowing them to recover and grow. Business Champions are in harmony with themselves and therefore experiencing inner peace giving them a strong, authentic presence. Their persistence keeps a Business Champion's performance sustainable as he benefits from well-established routines and thoughtful allotted energy.

The P⁶PROP[®] Program's goal is supporting Marcolli Executive Excellence's clients in building up the essential components of Personal Leadership Excellence in order to become and stay the Business Champion of tomorrow.

Dr. Christian Marcolli



Give Yourself a Performance Checkup

- Are you working in a competitive industry, with ever changing conditions and demands?

- Is your job extremely challenging?
Does it require more and more of your time?

- Do you have to invest a lot of extra effort to achieve high performance at work?

- Do you wish you had more energy?
Are you often exhausted after a long day at work?

- Do you think your professional lifestyle is not as balanced as it could be?

- Are you often disengaged at work or at home?

If you answered yes to several of the questions above, then it is time to maximize your ability for sustainable high performance with the P⁶PROP[®] Program.

Why Participate in the P⁶PROP[®] Program?

The P⁶PROP[®] Program provides you with the tools to build strategies for becoming most productive and effective under massive pressure. You will also develop the necessary skills to be continuously at your personal best, even in times of uncertainty or change.

During the two-day program, you will learn to manage your energy most effectively by applying the latest insights from some of the world's best performance psychologists and nutritionists. You will develop the ability to perform even better than before through well-elaborated energy management.

The P⁶PROP[®] Program is the ideal methodical approach concerning preparation of your next career move, managing sudden increases in responsibility or coping with a particularly challenging aspect of your job. It is our state-of-the-art program assisting individuals ensure sustainable high performance in a competitive environment.

A hallmark of the P⁶PROP[®] Program is its small size: 8 – 15 participants, giving us the opportunity to maximize the impact for each individual; Not only during the two-day experience along the program but also through individual follow-up coaching sessions.

The P⁶PROP[®] Program uses our proprietary tool set, including the Personal Leadership Excellence model, the P⁶PROP[®] inventory, the Passion-Story-Boarding profile, our Life Management Survey and a comprehensive health and fitness test. These elements support you with the development of a strategic action plan and a framework for consistent, high performance – one that is fully aligned with your fundamental values in life.

Actual Results from the P⁶PROP[®] Program

Immediate influence

At the completion of the P⁶PROP[®] Program, we ask all participants to rate the value of the program, and assess their experience and learning. A scientific study with 178 participants showed the following:

99%

rated the P⁶PROP[®] Program as making a significant contribution to their ability to sustain high performance in their professional lives.

Meaningful and lasting results

In a recent P⁶PROP[®] Review, 54 program participants evaluated the program's impact from 6 months to close to 3 years after completion. Our results show that the P⁶PROP[®] Program strongly correlates to greater effectiveness and satisfaction professionally.

Sustainable high performance and career

100%

of the participants having been promoted to a higher management position after completing the program assessed its impact even higher: They attributed their significantly increased ability for sustainable high performance directly to the P⁶PROP[®] Program.

Our programs' steady evaluation confirms the P⁶PROP's impact as having a significant effect on the participants' energy levels, their performance and thus their careers.

For more scientific evidence and research results, please contact us at research@marcolli.com



Client Testimonials

“I thought, “Wow! This is not just toasting marshmallows around the campfire.” They really want to take us to the next level. I felt a responsibility to make the most of it and to make sure I brought the benefits back to the business.”

“The members of my team are still talking about it and keeping to their routines and they are motivating each other. It has been a great experience as a team.”

“The P⁶PROP[®] Program is a huge paradigm shift for me. Now I can focus on everything around that will enable me to sustain my performance. This was an amazing program.”

“Finally, I understand how to energize and recover myself so that I can consistently be at my best for top performance. Thanks!”

“In order to sustain peak performance, I have learned to maintain energy and provide opportunities for recovery. This will completely change my approach towards my challenging workload.”

“This is the first time that I have looked at myself in business in such a holistic way.”

Take part in the P⁶PROP[®] Program

We offer the P⁶PROP[®] Program to companies and corporations as complete and exclusive programs. This could be for a specific group in a particular management level, key talent and high potentials, executive teams or as part of a specific leadership development process.

The P⁶PROP[®] Program is also open to individuals; in a tailor-made process, we combine the program with one of our individual P⁶PROP[®] coaching and support packages.

If you are interested in taking part in the P⁶PROP[®] Program, please contact us at info@marcolli.com



Dr. Christian Marcolli in the Media

“Dr. Marcolli has achieved more than most, recently publishing comprehensive data on participant outcomes.”

Developing Leaders Magazine

“Dr. Christian Marcolli is a world-class expert on sustainable high performance.”

The Huffington Post

“Working with Dr. Marcolli is an experience that will stay with you for life.”

Neue Zuercher Zeitung

“Dr. Marcolli’s A-list clients include Olympic gold medalists, sports icons as well as C-Suite executives and managers in some of the world’s most competitive organizations.”

Inc. Magazine

“Dr. Marcolli is one of the greatest experts in teamwork.”

SRF Swiss National TV & Radio Stations

About Marcolli Executive Excellence

Marcolli Executive Excellence is a highly specialized, boutique-style management consulting firm focused on fostering Personal Leadership Excellence, driving team effectiveness and creating organizational health. Their clients are global market leaders of today – and tomorrow.

Dr. Christian Marcolli and his team are dedicated to maximizing individual and team performance to lead organizations to their optimum capacity. Through their pioneering work, clients accomplish peak performance in their professional lives, resulting in incomparable long-term, sustainable success.

Offering more than 20 years of experience and highly innovative models they support their clients, who are often at the top of their fields, reach even greater heights.



Dr. Christian Marcolli is a world-class expert on sustainable high performance, coaching executives and business leaders, market-leading brands and elite athletes all around the world to achieve outstanding results.

Prior to founding Marcolli Executive Excellence, Christian was an elite athlete himself, professionally playing soccer for several years. Afterwards, he took the leading role for six years in holding sports lessons in Swiss federal jails – an extremely demanding socio-psychological environment. Christian earned his Ph.D. in Applied Psychology at the University of Zurich, Switzerland.

Christian's passion for optimal performance is reflected in his writing, speaking and consulting. He is a successful keynote speaker and author of various books:

- Teach Me Patience - NOW!
- Equip yourself To Be a Business Champion.
- More Life, Please!
- The Melting Point



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